

Sept 11th-Sept 15th
**MENU Subject to
 CHANGE**



918 647-1333
www.carlalbert.edu

Breakfast: 7:00- 9:30 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
Scramble Eggs Hash browns Sausage Biscuits & gravy Waffles and Bagels Fruits	Scramble Eggs Hash browns Bacon Biscuits & gravy Chocolate gravy Pancakes Fruits	Scramble Eggs Hash browns Sausage Biscuits & gravy Waffles and Bagels Fruits	Scramble Eggs Hash browns Bacon Biscuits & gravy Chocolate gravy Pancake Fruits	Scramble Eggs Hash browns Sausage Biscuits & gravy Waffles and Pancakes Fruits

Lunch: 11:00-1:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
Salad Bar BBQ Wings/Hot Wings/Fries Chicken Fried Chicken Mashed Potato Green Bean Casserole Corn on Cob Baked Potatoes	Salad Bar Grill Open Taco Tuesday: Chicken Crispito Hard shell Taco Soft shell Taco Taco Beef Refried Beans Spanish Rice Kernel Corn Cheese Sauce	Salad Bar <i>Chicken Strips/ Corn dogs</i> CHINESE LUNCH	Salad Bar <i>Grilled Cheese/ Tomato Soup</i> Build your own Pasta: Spaghetti Pasta Fettuccini Pasta Chicken Beef Alfredo Sauce Marinara Sauce Garlic Bread	Salad Bar PIZZA Fried Fish Baked Fish Fried Potatoes Beans and Sweet Cornbread Turnip Greens Baked potatoes

Dinner: 5:00-7:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
Salad Bar Grill Open Meatloaf Beef and Noodles Mashed Potato Vegetable blend Hot Rolls Baked Potatoes	Salad Bar Grill Open STEAK NIGHT Popcorn Shrimp Baked Potatoes Vegetable Blend Hot Rolls	Salad Bar Grill Open Meat Lasagnas Seasoned Whole Potatoes Vegetable Blend Garlic Bread Baked Potatoes	Salad Bar Grill Open Hot Dogs Frito Chili Pie Chili Burrito Baked beans Vegetable Blend Baked Potatoes	

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