Cheerleading
Each year CASC awards 13 Cheerleading Scholarships for 12 cheerleaders (Co-Ed) and 1 Team Mascot.

Scholarships include full tuition (from 12 to 16 hours per semester) and textbooks ($75 book deposit required).

General Guidelines
1. All participants 18 and older must sign and submit a medical release and a liability release form prior to participating in the clinic and tryouts.
2. All participants under 18 must have a medical release and a liability release form signed by their parent or guardian prior to participating in the clinic and tryouts.

*** Forms due at try-out check in, but can be mailed or faxed in beforehand (See information below)

Clinic Dates & Times
When: April 9-11, 2014 6:00pm
Where: Carl Albert State College, Mick Thompson Fitness Center (GYM)

***There will be open gym each night after try-out clinic

Tryout Dates & Times
When: April 12, 2014 @ 10:00 A.M.
Where: Carl Albert State College, Mick Thompson Fitness Center (GYM)

Clinic and Tryouts are closed to the public

Tryout ---Desired--- Skills

Jumps:
1. Toe Touch(Double and Triple)
2. Ski/Hurdler
3. Pike
Partner Stunts:
1. Toss to hands with extension
2. Toss to (liberty, heel stretch, etc....)
3. Full Down out of a stunt
Group Stunts
1. Extension
2. Liberty, heel stretch, etc…
3. Full downs and or Double downs out of stunts
4. Basket Tosses
Tumbling:
1. Must perform a pass with tumbling skills that you have
2. Must perform standing tumbling( back handspring, back tuck, or full)

Tryout Attire:
Guys: “Polo” style shirt with athletic shorts and shoes
Girls: Sports Bra or Tank Top (any color) with “soffee” style athletic shorts and cheer shoes

For more information:
Call Becky Otto at 918.647.1325 or email vikingcheer@carlalbert.edu