

Health, Physical Education & Recreation

Program Code (016)

Associate of Arts

Required: 62-64 Credit Hours

Division of Health, Physical Education & Recreation

2.00 GPA

Students are required to complete the following General Education and Major Requirement courses. Students who complete an associate's degree are prepared to transfer and continue their education at a four-year college/university. Students should check with their academic advisor for consultation on course sequencing and transfer college opportunities.

GENERAL EDUCATION REQUIREMENTS (40 HOURS)	MAJOR REQUIREMENTS (22-24 HOURS)
<p>English Composition - 6 hours (Select Both) <input type="checkbox"/> ENGL 1113 Freshman Composition I <input type="checkbox"/> ENGL 1213 Freshman Composition II</p> <p>U.S. History - 3 hours (Select One) <input type="checkbox"/> HIST 1483 Am His 1492-1865 or HIST 1493 Am His 1865-Pr</p> <p>U.S. Government - 3 hours (Select One) <input type="checkbox"/> POS 1113 American Federal Government</p> <p>Biological Science - 4 hours (Select One) <input type="checkbox"/> BIO 1114, BOT 1114, ZOO 1114</p> <p>Physical Science - 4 hours (Select One) <input type="checkbox"/> GPS 1214, CHEM 1115, PHYS 1114, or PHYS 2014</p> <p>Orientation - 1 hour (Select One) <input type="checkbox"/> ORI 1111 Freshman Orientation</p> <p>Mathematics - 3 hours (Select One) <input type="checkbox"/> Math 1413 Survey of Math or Math 1513 College Algebra¹</p> <p>Health, Physical Education & Recreation - 2 hours (Select One) <input type="checkbox"/> any HPER course, except activity courses</p> <p>Humanities - 6 hours (Select Two) <input type="checkbox"/> HUM 2113 Gen Hum. I <input type="checkbox"/> ENGL 2433 Mast of World Lit. I <input type="checkbox"/> HUM 2223 Gen Hum II <input type="checkbox"/> ENGL 2443 Mast of World Lit. II <input type="checkbox"/> ART 1113 Art Appreciation <input type="checkbox"/> ENGL 2773 Am Lit to Civil War <input type="checkbox"/> DRMA 1213 Intro Theatre <input type="checkbox"/> ENGL 2883 Am Lit snc Civil War <input type="checkbox"/> HIST 1113 Early West Civ <input type="checkbox"/> MUS 1113 Music Appreciation <input type="checkbox"/> HIST 1123 Modern West Civ <input type="checkbox"/> PHIL 1113 Intro to Philosophy <input type="checkbox"/> ENGL 2413 Intro Literature <input type="checkbox"/> RLED 1123 New Testament</p> <p>Approved Electives - 8 hours (Select CS 1103 and Electives) Select CS1103 <u>and</u> any two courses in psychology, social sciences, foreign languages, & fine arts (art, music, drama) in conference with advisor <input type="checkbox"/> CS 1103 Microcomputer Applications <input type="checkbox"/> SPAN 1113 Conversational Spanish² <input type="checkbox"/> Approved Elective</p>	<p>Required Courses in Major - 12 hours (Select All) <input type="checkbox"/> HPER 1103 Introduction to HPER <input type="checkbox"/> HPER 1113 Personal Health and Wellness <input type="checkbox"/> HPER 2103 Care and Prevention of Athletic Injuries <input type="checkbox"/> HPER 2213 Standard First Aid and Personal Safety</p> <p>Elective Courses in Major – 10-12 hours (Choose four or more courses in conference with advisor) <input type="checkbox"/> ACCT 1103 Fund of Acct or BUS 1013 Intro to Bus <input type="checkbox"/> AHS 1203 Basic Nutrition <input type="checkbox"/> HPER 1001 Selected Topics in Health Problems <input type="checkbox"/> HPER 2002 Recreational Leadership <input type="checkbox"/> HPER 2112 Theory of Coaching Basketball –or– <input type="checkbox"/> HPER 2122 Theory of Coaching Baseball <input type="checkbox"/> HPER 2133 Sports Officiating <input type="checkbox"/> HPER 2513 Motor Learning <input type="checkbox"/> HPER 2813 Drug Education <input type="checkbox"/> PSY 1113 Introduction to Psychology² <input type="checkbox"/> SPCH 1113 Introduction to Speech² <input type="checkbox"/> ZOO 2114 Human Physiology <input type="checkbox"/> ZOO 2124 Human Anatomy <input type="checkbox"/> Approved HPER Elective <input type="checkbox"/> Approved Elective³</p>
Totals: ----- Credit Hours: 40	Totals: ----- Credit Hours: 22-24

Notation:

¹Math 1513 College Algebra is recommended.² Recommended for Education majors.³One course (or 3-4 credit hours) from second teaching area may be counted in the 10 -12 elective hours.